

Your checklist for planning ahead

You may want to use the following checklist to help you plan your future care. Keep this with any other documents about planning ahead

1. Your planning ahead checklist

Question		More information
Have you made a will?		Where is it?
		Who knows where it is?
Have you written down your wishes for your future care?		Where are they kept?
		Who knows where they are?
Have you made a power of attorney?	Where is your power of attorney document?	
		Who is your attorney?



1. Your planning ahead checklist (continued)

Question	More information
Have you written an advance directive?	Where is it? Who have you talked to about it?
Have you thought about organ and tissue donation? Have you registered and recorded your decision to be a donor (opt in), or not to be a donor (opt out)?	Who have you told?
Have you made a funeral plan?	Where is your plan? Who knows about your wishes?



2. Your contacts checklist

Question	More information
Have you spoken to health and social care professionals about your wishes?	Who have you spoken to? What are their contact details?
Have you asked your GP to create a Key Information Summary (KIS)?	Who is your GP? What are their contact details?
Have you spoken to a family member or friend about your wishes?	Who have you spoken to? What are their contact details?
Have you involved a solicitor in your plans? For example, have you involved them in your will or power of attorney?	Who is your solicitor? What are their contact details?
Have you appointed someone to be the executor of your will?	Who is it? What are their contact details?



3. Your important information checklist

Information or document	Does someone know where it is kept?	Who knows where it is?
Birth certificate		
Marriage or civil partnership certificate		
Bank account details		
NI (National Insurance) number		
Life insurance policy details		
Home insurance policy details		
Car insurance policy details		
Important passwords		